

Biblical Passage: Luke 17:11-19 **Memory Verse:** Luke 17:18 **Table Talk Question:** Why is often difficult to be grateful to God for the blessings He has given to us?

TRUE GRATITUDE

1.	True gratitude recognizes our			-
	(Luke 17:11-13).			
2.	True gratitude often requires an	of _	(Luke 17:14).

True gratitude expresses ______ and _____ when blessings are received (Luke 17:15-19).

SMALL GROUP DISCUSSION QUESTIONS

- Would you say that thankfulness and gratitude are watered down concepts in our culture? Why or why not?
- What do you think are the root causes of a lack of gratitude in someone's life?
- How does a spirit of gratitude—towards God and towards others—affect other areas of your life?
- How does recognizing our own sinfulness and helplessness apart from God lead to gratitude?
- What are some ways we can express our thankfulness to God and to others?

FREE THOUGHT

"The discipline of gratitude is the explicit effort to acknowledge that all I am and have is given to me as a gift of love, a gift to be celebrated with joy." —Henri Nouwen