

Family Devotion

PSALMS: OUR LETTERS TO GOD

WEEK 1 :: He Knows You

Biblical Passage: Psalm 139:1-16 / Memory Verse: Psalm 139:16

In one scene of the movie *Superman Returns*, Superman takes Lois Lane flying. They are hovering high above a bustling city, but at their altitude, not a sound can be heard except the wind. Superman asks Lois, "What do you hear?"

"Nothing," she replies.

"I hear everything," Superman says. "You wrote that the world doesn't need a savior, but everyday I hear people crying for one."

Superman is one of the most beloved and well-known superheroes ever created. Not only does he have incredible superhuman powers, such as flight and supernatural strength, but he is tirelessly dedicated to protecting people. Unlike Lois Lane, Superman is able to hear cries for help from across the world. You see, it is Superman's superhuman abilities that make it possible for him to help so many people, but it is his love for people that compels him to do so.

Unlike the superheroes in our stories, God is real and He sent His Son to be our Savior. God possesses a number of attributes that make Him unlike anyone else. Among God's superhuman attributes are His omniscience, omnipotence, and omnipresence. God knows everything, has power over everything, and He is everywhere. As we see from Psalm 139:1-16, each of these divine attributes are also expressions of God's love for us.

King David wrote Psalm 139, and if anyone knew about God's attributes, it was the man after God's own heart. With God's help, David killed Goliath and defeated armies, so he certainly understood God's omnipotence. David ran for his life from King Saul, sometimes even hiding in caves. During such lonely circumstances David knew God was present, so he certainly understood God's omnipresence. Unfortunately, David was also the one who committed adultery with Bathsheba and sent her husband Uriah to the front battle lines to be killed. So when God sent the prophet Nathan to confront David, David also understood that nothing can be hidden from God's omniscience.

As we think about these attributes of God, it is important that we also recognize the ways they reveal God's love for us. God is not only all-knowing, all-powerful, and ever-present, but He is also loving.

Connection Questions

- Does it comfort you to know that God knows everything? Why or why not?
- Discuss a time when you felt God's presence. How did God's omnipresence affect you in that moment?
- What are some ways you have experienced God's power in your own life?
- What are three ways you can help your friends and family experience these attributes of God so they can better understand His great love?