



## **Social Media Component Instructions**

The social media component has been created to help you communicate with your students daily and to interact with them and encourage them to interact with each other in discussing topics from the week's lesson.

Each day focuses on a small passage from the Scripture used in that week's lesson to reinforce what students learned in class and a few options are given for suggested social media posts. The day's Scripture passage is included as well as questions and things to think about.

For the days where the Scripture passage is too long to be able to post in Twitter, we recommend you link to the passage on a website like Biblia.com, which will also allow you to choose an alternate translation if you prefer something other than the NASB.

When using the questions, we recommend using the hash tag for the Sealed lesson number and post day that we have included (ex. #Sealed5\_1) so that your students can interact on these questions with students from other churches, as well as using a specific hash tag for your group, so that you and they can specifically interact with students from your youth group. (ex. #LibertyYouth)

We hope that these will be very useful to you in interacting with your students on a platform where they are comfortable and that it will encourage them to engage with the lesson text during the week.

Though you can post to each social media platform each day if you'd like, we'd recommend using the social media and texting service inside the Bible Study Manager or Hootsuite™ to schedule your posts ahead of time and make it possible for you to have just one website to open to see your students responses from multiple social media platforms.



# LESSON 1: The Spirit of Holiness

Romans 1:1-6

## Day 1:

Romans 1:1 "Paul, a bond-servant of Christ Jesus, called as an apostle, set apart for the gospel of God" (NASB)

- Paul's letter to the church in Rome was most likely written while he was in Corinth.
- Bondservants chose to serve willingly and without compensation until their death.
- Paul was an apostle but not one of the original 12.

## Day 2:

Romans 1:2 "Which He promised beforehand through His prophets in the holy Scriptures" (NASB)

- Those who opposed Paul accused him of preaching a new message.
- Paul understood that Christ was the fulfillment of God's promises revealed and recorded centuries earlier.
- God speaks truth through His Holy Scriptures.

## Day 3:

Romans 1:3 "Concerning His Son, who was born of a descendant of David according to the flesh." (NASB)

- Both Mary and Joseph were descendants of David.
- Because Jesus was God and fully man, He could completely relate to humanity.
- Why was it necessary for Jesus to be born to the flesh? #

## Day 4:

Romans 1:4 "Who was declared the Son of God with power by the resurrection from the dead, according to the Spirit of holiness, Jesus Christ our Lord" (NASB)

- Jesus' death and resurrection are proof that Jesus was God.
- The Holy Spirit is the third person of the Trinity.
- Paul associated the Holy Spirit with Christ's resurrection.

## Day 5:

Romans 1:5 "Through whom we have received grace and apostleship to bring about the obedience of faith among all the Gentiles for His name's sake" (NASB)

- Grace = undeserved acceptance and love
- Paul used "grace" and "apostleship" to describe what Jesus gives to enable believers to obey God through faith.
- Grace is the undeserved favor that God shows to guilty sinners.

## Day 6:

Romans 1:6 "Among whom you also are the called of Jesus Christ" (NASB)

- Paul was assuring the people in the church in Rome of their salvation.
- God extends His call to Jews and Gentiles alike.
- Called = the idea of speaking to another person in order to establish a personal relationship with him or her.

## Day 7:

Romans 1:7 to all who are beloved of God in Rome, called as saints: Grace to you and peace from God our Father and the Lord Jesus Christ.

- Beloved of God normally refers to Jesus. Here it referred to the church in Rome, showing the depths of God's love for those who trust Him.
- No one knows who started the church in Rome.
- Saints = believers' position in Christ, not their sinlessness.



## LESSON 2: The Spirit of Love

2 Timothy 1:3-7; Acts 16:1-5

### Day 1:

2 Timothy 1:3 "I thank God, whom I serve with a clear conscience the way my forefathers did, as I constantly remember you in my prayers night and day." (NASB)

- Paul wrote this letter to Timothy while in prison facing his execution.
- Paul was very close to Timothy; it's often written that Paul loved him like a son.
- Who are the people you constantly pray for? #

### Day 2:

2 Timothy 1:4 "Longing to see you, even as I recall your tears, so that I may be filled with joy." (NASB)

- This verse showed that Timothy also cared deeply for Paul.
- Paul was longing for Christian fellowship.
- Who brings you joy every time you see them? #

### Day 3:

2 Timothy 1:5 "For I am mindful of the sincere faith within you, which first dwelt in your grandmother Lois and your mother Eunice, and I am sure that it is in you as well." (NASB)

- Timothy came from a family of faith.
- It is believed that Paul led Timothy's mother and grandmother to faith in Christ.
- Not much is known about Timothy's father except he was Greek and probably a non-believer.

## Day 4:

2 Timothy 1:6 "For this reason I remind you to kindle afresh the gift of God which is in you through the laying on of my hands." (NASB)

- Spiritual Gift = special abilities that God gives to believers
- Timothy had a responsibility to use his gift and cultivate it.
- How do you cultivate spiritual gifts? #

## Day 5:

2 Timothy 1:7 "For God has not given us a spirit of timidity, but of power and love and discipline." (NASB)

- Timidity = fear, weakness, or cowardice.
- Paul wrote this letter when Christian persecution was on the rise under Emperor Nero.
- When we are motivated to act because of love given to us by God's Holy Spirit, we have the ability to sacrifice for others without any fear.

## Day 6:

Acts 16:1-2 "Paul came also to Derbe and to Lystra. And a disciple was there, named Timothy, the son of a Jewish woman who was a believer, but his father was a Greek, and he was well spoken of by the brethren who were in Lystra and Iconium." (NASB)

- Timothy became a major part of Paul's ministry.
- Lystra = Timothy's home town
- People spoke well of Timothy. One of the qualifications for a church leader was "no handle for criticism."

## Day 7:

Acts 16:3-5 "Paul wanted this man to go with him; and he took him and circumcised him because of the Jews who were in those parts, for they all knew that his father was a Greek. Now while they were passing through the cities, they were delivering the decrees which had been decided upon by the apostles and elders who were in Jerusalem, for them to observe. So the churches were being strengthened in the faith, and were increasing in number daily."

- Paul called Timothy.
- Paul had a heart for discipleship.
- Why is discipleship important? #



## LESSON 3: The Spirit of Truth

John 14:15-21, John 16:12-15

### Day 1:

John 14:15 "If you love Me, you will keep My commandments." (NASB)

- In the previous verses, Jesus spoke about answered prayer.
- This verse is the beginning of a passage in which Jesus promised that the Holy Spirit would come to dwell in those who believe in Him.
- Love is an important theme and is mentioned 56 times in John's writings.

### Day 2:

John 14:16-17 "I will ask the Father, and He will give you another Helper, that He may be with you forever; that is the Spirit of truth, whom the world cannot receive, because it does not see Him or know Him, but you know Him because He abides with you and will be in you." (NASB)

- Another = another of the same kind
- Helper = Holy Spirit
- The Holy Spirit can only be appropriated by those who have faith in Christ.

### Day 3:

John 14: 18-19 "I will not leave you as orphans; I will come to you. After a little while the world will no longer see Me, but you will see Me; because I live, you will live also." (NASB)

- Jesus fulfilled every promise He had made to the disciples in His first post-resurrection appearance to them in the upper room.
- John 14:20 shows that this refers to the post-resurrection appearances of Jesus.
- The resurrection of Jesus was God's demonstration of His power and willingness to give life.

## Day 4:

John 14:20-21 "In that day you will know that I am in My Father, and you in Me, and I in you. He who has My commandments and keeps them is the one who loves Me; and he who loves Me will be loved by My Father, and I will love him and will disclose Myself to him." (NASB)

- The phrase "that day" most likely refers to the day when the Holy Spirit appeared at Pentecost.
- To say that we are in Christ refers to our salvation, and to say that Christ is in us means that He has sanctified us.
- Being saved by faith is manifested in works—not to be saved, but because we have been saved.

## Day 5:

John 16:12-13 "I have many more things to say to you, but you cannot bear them now. But when He, the Spirit of truth, comes, He will guide you into all the truth; for He will not speak on His own initiative, but whatever He hears, He will speak; and He will disclose to you what is to come." (NASB)

- Jesus had more to say about the spirit but the disciples could not fully understand everything Jesus was describing.
- We must keep learning and growing in the knowledge and grace of Christ and allow the Holy Spirit to teach us as we do so.
- The Holy Spirit gives supernatural revelation of all truth.

## Day 6:

John 16:14 "He will glorify Me, for He will take of Mine and will disclose it to you." (NASB)

- The primary work of the Spirit is the lifting up and explaining of Jesus the Messiah.
- The Spirit never shines the spotlight on Himself, but always on Jesus.
- Pentecost = Celebration held on the 50th day after Passover Sabbath; also when God chose to give the promised gift of the Holy Spirit.

## Day 7:

John 16:15 "All things that the Father has are Mine; therefore I said that He takes of Mine and will disclose it to you."

- As Jesus reflected the Father, the Spirit reflects Jesus.
- What is the most complicated thing that someone has ever tried to explain to you? #
- Holy Spirit=Gk word=air in motion; represents the active presence of God in NT as He convicts sin, guides, empowers, & teaches



## LESSON 4: The Spirit of Life

Romans 8:1-4, 8:12-17

### Day 1:

Romans 8: 1 "Therefore there is now no condemnation for those who are in Christ Jesus." (NASB)

- Paul wrote to the church in Rome from Corinth.
- Paul was summing up his teachings from the first 7 chapters.
- God, in His mercy, gave us a lifetime pardon because of Jesus' sacrifice.

### Day 2:

Romans 8:2 "For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death." (NASB)

- Paul reiterated our freedom from sin.
- The Holy Spirit, which produces life, has replaced the Law of sin and death.
- Only the power of the Holy Spirit can set us free from sin.

### Day 3:

Romans 8:3-4 "For what the Law could not do, weak as it was through the flesh, God did: sending His own Son in the likeness of sinful flesh and as an offering for sin, He condemned sin in the flesh, so that the requirement of the Law might be fulfilled in us, who do not walk according to the flesh but according to the Spirit." (NASB)

- Jesus put on flesh, became fully human, and had the full appearance of a man.
- The fact that Jesus was just like us in every way, except for being sinless, allowed Him to be the perfect sacrifice for our sins.
- God's requirement for us to live by moral thoughts, words, & actions of the Law become possible only through the power of the Holy Spirit.



## Day 4:

Romans 8:12-13 "So then, brethren, we are under obligation, not to the flesh, to live according to the flesh—for if you are living according to the flesh, you must die; but if by the Spirit you are putting to death the deeds of the body, you will live." (NASB)

- When man first sinned, his spirit died to God.
- When we are saved, we are regenerated—born again spiritually.
- The old life ruled by the flesh is opposed to the new life that the Holy Spirit wants to control.

## Day 5:

Romans 8:14 "For all who are being led by the Spirit of God, these are sons of God." (NASB)

- If we continue to live by our sinful nature, we will be separated from God.
- Putting our sins to death is something that will never totally be completed within our lifetime.
- We can depend on the Holy Spirit to guide our lives through Scripture, prayer, and the counsel of trusted Christians.

## Day 6:

Romans 8:15 "For you have not received a spirit of slavery leading to fear again, but you have received a spirit of adoption as sons by which we cry out, 'Abba! Father!'" (NASB)

- Unsaved people are slaves to the fear of death and punishment.
- As children of God, we have no need to fear and can actually be filled with joy because we know that God has adopted us as His children.
- Abba = Aramaic word for "father." Jesus used it to speak of His own intimate relationship with God.

## Day 7:

Romans 8:16-17 "The Spirit Himself testifies with our spirit that we are children of God, and if children, heirs also, heirs of God and fellow heirs with Christ, if indeed we suffer with Him so that we may also be glorified with Him." (NASB)

- It is the Holy Spirit who validates our adoption by God.
- All believers are made heirs of God as a result of the work of Christ.
- We have the ultimate privilege and blessing of sharing in the eternal inheritance that is actually Christ's from the Father.



## LESSON 5: The Spirit of Wisdom and Revelation

Ephesians 1:17-19a, 1 Corinthians 2:9-13

### Day 1:

Ephesians 1:17 "That the God of our Lord Jesus Christ, the Father of glory, may give to you a spirit of wisdom and of revelation in the knowledge of Him." (NASB)

- Paul recognized the Holy Spirit when he mentioned wisdom and revelation.
- Wisdom= deeper insight into things of God; Revelation= special understanding and knowledge received as a result of a relationship with God
- The Holy Spirit reveals Gods purposes, character, activities, and ways to believers who have a desire to grow in their understanding of Him.

### Day 2:

Ephesians 1:18 "I pray that the eyes of your heart may be enlightened, so that you will know what is the hope of His calling, what are the riches of the glory of His inheritance in the saints." (NASB)

- In biblical terms, the heart is considered the center of an individual's will and understanding.
- Having a spiritually enlightened mind is the only way an individual can understand the hope & inheritance that they have through Christ.
- Hope = confident expectation that something will certainly happen

### Day 3:

Ephesians 1:19 "And what is the surpassing greatness of His power toward us who believe. These are in accordance with the working of the strength of His might." (NASB)

- The redeeming grace that God gives to those who believe in Him is as much evidence of His power as it is of His love.
- Paul's prayer was that these Ephesians would become aware of the power that they already possessed as a benefit of their belief in Christ.
- What is the most powerful thing you've ever seen? #

## Day 4:

1 Corinthians 2:9 "But just as it is written, 'Things which eye has not seen and ear has not heard, And which have not entered the heart of man, All that God has prepared for those who love Him.'" (NASB)

- Quote is from Isaiah 64:4.
- People who are not believers, no matter how intelligent or important they may be, cannot understand spiritual matters.
- Corinth = During the first century A.D., Corinth was the largest city in Greece. Situated about 45 miles west of Athens.

## Day 5:

1 Corinthians 2:10 "For to us God revealed them through the Spirit; for the Spirit searches all things, even the depths of God. (NASB)

- The Spirit enables believers to dive into Scripture and gain understanding of God and His plans.
- As believers spend time exploring the Bible, they continually unearth spiritual truths that strengthen their faith.
- Even though the Spirit reveals much to believers now, He offers only hints of the great things awaiting believers in Heaven.

## Day 6:

1 Corinthians 2:11 "For who among men knows the thoughts of a man except the spirit of the man which is in him? Even so the thoughts of God no one knows except the Spirit of God." (NASB)

- If a person cannot read the mind of another person, how can he possibly hope to know God's thoughts?
- The Spirit, who dwells within the believer, is able to reveal the thoughts of God directly into the heart or mind of the believer.
- Is there a person you know so well that you can almost read their mind? #

## Day 7:

1 Corinthians 2:12-13 "Now we have received, not the spirit of the world, but the Spirit who is from God, so that we may know the things freely given to us by God, which things we also speak, not in words taught by human wisdom, but in those taught by the Spirit, combining spiritual thoughts with spiritual words." (NASB)

- God's wisdom is often very different from the wisdom of the world.
- When have you shared the gospel with someone only to find they cannot accept it because they don't understand it? #
- God's wisdom comes when we stop depending on worldly understandings and seek His wisdom through scripture and prayer.



## LESSON 6: The Spirit of Glory

1 Peter 4:7-14

### Day 1:

1 Peter 4:7 "The end of all things is near; therefore, be of sound judgment and sober spirit for the purpose of prayer." (NASB)

- This is the first of two letters Peter wrote.
- End = attaining a result or reaching a goal
- A Christian not living under self-control will not have his mind on the things of God and will not be focused on prayer.

### Day 2:

1 Peter 4:8 "Above all, keep fervent in your love for one another, because love covers a multitude of sins."

- Love = represents the active expression of kindness and compassion toward another person even when that person is unworthy of such concern.
- Loving with a deep love means putting the needs of other believers above one's own desires.
- When has it been difficult to forgive hurts done to you and continue to love that person? #

### Day 3:

1 Peter 4:9 "Be hospitable to one another without complaint." (NASB)

- Hospitality = the love of strangers
- Our love for others revealed through hospitality should be carried out with genuine warmth & compassion, not begrudgingly or with resentment
- When is a time when you were overwhelmed with the hospitality of others? #

## Day 4:

1 Peter 4:10 "As each one has received a special gift, employ it in serving one another as good stewards of the manifold grace of God." (NASB)

- What is a spiritual gift? #
- A spiritual gift is only received through the grace of God.
- Spiritual gifts possessed are not our own but rather abilities to be used for building up the Church and, ultimately, God's Kingdom.

## Day 5:

1 Peter 4:11 "Whoever speaks, is to do so as one who is speaking the utterances of God; whoever serves is to do so as one who is serving by the strength which God supplies; so that in all things God may be glorified through Jesus Christ, to whom belongs the glory and dominion forever and ever. Amen." (NASB)

- Speaking gifts belong to those who can minister in a more public setting.
- Serving gifts belong to those individuals who meet needs more behind the scenes.
- What are your spiritual gifts? #

## Day 6:

1 Peter 4:12-13 "Beloved, do not be surprised at the fiery ordeal among you, which comes upon you for your testing, as though some strange thing were happening to you; but to the degree that you share the sufferings of Christ, keep on rejoicing, so that also at the revelation of His glory you may rejoice with exultation." (NASB)

- Peter wrote this letter to those suffering from persecution.
- During times of pain and suffering, instead of questions, we should allow it to deepen our relationship with God.
- When have you experienced a deeper relationship with Christ because of suffering? #

## Day 7:

1 Peter 4:14 If you are reviled for the name of Christ, you are blessed, because the Spirit of glory and of God rests on you. (NASB)

- The Holy Spirit rests upon suffering believers, strengthening them, lifting them up & giving them endurance beyond their normal limitations
- Christians who suffer for Christ do not have to wait until Heaven to experience God's glory.
- The Holy Spirit as the Spirit of glory can be experienced here in the world.